



SPA*



SUPER RELAXING

SUPER REST /

70 MIN R\$ 394,00

50 MIN R\$ 324,00

Super relaxing massage uses eastern and western techniques to relax all muscles, gently stretch joints and stimulate meridian points of the body.

Recommended for those who are physically and mentally tired and has great tension in the shoulders, neck and back. **Basic Technique:** balinese, swedish, pressure points and hot stones.

BALANCE /

70 MIN R\$ 394,00

50 MIN R\$ 324,00

Deep massage, ideal for anyone who travelled or spent the day enjoying the sea and the pool, because relaxes from head to toe through rhythmic movements. **Recommended** for who is stressed, without energy and first time to spa users. **Basic Technique:** balinese, thai, pressure points and swedish.

HOT STONES /

50 MIN R\$ 324,00

Relaxing massage that uses the heat of volcanic stones to relax back, arms and legs muscles and calm the belly. It conquered fans for the pleasant sensation it produces and for the intense relaxation that provides. **Recommended** for those who want to relax. **Basic Technique:** Hawaiian.

DEEP TISSUE /

50 MIN R\$ 324,00

70 MIN R\$ 394,00

Perfect massage for men and women, especially sportsmen. Deeply relieves tension with firm and deep movements performed in part with the forearm. Activates blood circulation leaving the body entirely relaxed. **Recommended** for those with muscle pain. **Basic Technique:** North American deep tissue and swedish.

DETOX /

50 MIN R\$ 324,00

Specially created to provide lightness and feeling of well being in a single session. Apply a smooth ganglion pumping that helps to eliminate toxins, followed by a ultra relaxing massage. **Recommended** for who wants to relax and drain toxins. **Basic Technique:** French drainage, balinese, pressure points and swedish.

CONFORT RELAX

50 MIN R\$ 324,00

Ideal for anyone with some health condition but that can enjoy a relaxing massage with the whole quality and safety. Relaxes from head to toe through rhythmic movements. **Recommended** for those who have restriction of touch in some specific region of the body — by surgery or illness — and has the medical clearance to enjoy a relaxing massage. **Basic Technique:** balinese and swedish.

THERMAL CIRCUIT

60 MIN R\$ 224,00

It starts with a **European shower** that cleanses and tones the body. From there you will go to the **sauna of your choice** to open pores and detoxify. To create a contrast that purifies the body, we suggest **soaking for a minute in the cold tank** — ancient technique used for blood vessel contraction that tones and rejuvenates. We invite you relaxing in the spa's infinity pool and **experiencing the 'swan jets' and 'countercurrent'** in a real self-massage. Take some minutes to rest on the deck until our spa pro takes you to perform a **tropical exfoliation with foam massage**, inspired by the Ottoman baths. In the end you enjoy a herbal tea.





FIRST SPA

BACK MASSAGE

25 MIN R\$ 224,00

Relaxing massage aimed to the back, neck and lumbar region. Ideal for those who want to relieve tension. **Recommended** for everyone. **Basic Technique:** balinese, thai, pressure points and swedish.

REFLEXOLOGY

25 MIN R\$ 224,00

Massage performed on the reflex points of the feet, which stimulates different parts of the body, deeply relaxing. **Recommended** for all. **Basic technique:** oriental.

TIRED LEGS & FEET

25 MIN R\$ 224,00

Combination of 4 treatments in one to invigorate your legs, combining massage, hydration and deep cleaning of the feet. **Recommended** for men and women — including pregnant women. **Basic Technique:** swedish and stones.

TROPICAL & ORIENTAL EXFOLIATION

25 MIN R\$ 224,00

Clean, refresh and renew the skin, leaving it soft, smooth and with a silky touch. **Recommended** for all. **Basic technique:** oriental

DAY SPA

ODISSÉIA DAY SPA

240 MIN R\$ 1.170,00

Includes 9 treatments

Welcome ritual
Facial Scrub
Lifting Massage
Anti-Signal Mask
Eye hydration
Body scrub
Body wrap
Body massage
Foot Spa
Hand Spa

SEREIA DAY SPA

180 MIN R\$ 920,00

Includes 5 treatments

Welcome ritual
Body scrub
body wrap
Body massage
Foot Spa
Hand Spa

CIRCE DAY SPA

120 MIN R\$ 690,00

Includes 4 treatments

Welcome ritual
Body scrub
body wrap
Body massage

SALON

HYDRATION	R\$ 120,00
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SHORT HAIR BRUSH	R\$ 150,00
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MEDIUM HAIR BRUSH	R\$ 180,00
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LONG HAIR BRUSH	R\$ 220,00
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MEDIUM HAIR BRUSH + BABYLISS	R\$ 220,00
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MEDIUM HAIR BRUSH + PLANK	R\$ 220,00
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LONGH HAIR BRUSH + PLANK	R\$ 250,00
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HAIRSTYLE	R\$300,00 TO R\$ 500,00
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MANICURE	R\$ 65,00
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PEDICURE	R\$ 85,00
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ENAMEL CHANGE	R\$ 40,00
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CHECK IN

Allow at least 30 minutes before your treatment change clothes and enjoy the spa's wet areas areas of the spa. The treatment duration cannot be extended when there is a delay in the arrival at the spa. The charge for the treatment will correspond to it's whole value.

CANCELLATION

Please inform the spa reception, in consideration of the other guests, at least 4 hours in advance when unable to attend scheduled treatment to avoid charging 100% of its value as a cancellation fee.

BOOKING

We recommend that you make your reservation in advance for ensure the day and time of your choice. Reservations can be made by phone or at the spa reception.

AMENITIES

Bathrobe and towel will be available for use during your stay at the spa. If you wish to keep any of the items they will be charged at check out.

JEWELRY AND VALUABLES

Please leave jewelry and valuables in apartment's safe. The spa won't be responsible for personal objects or values lost or left in it's area.



IBEROSTAR

HOTELS & RESORTS

General information:

Phone: (71) 3676 8397



(71) 9 9614 2891

Opening hours: 9 am to 10 pm

spaconcierge@spacollection.com.br